



***Stella Maris Academy
Prayers Through the Grades***



KINDERGARTEN – Beginning Prayers

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



Lord's Prayer

Our Father, who art in heaven,
Hallowed be Thy name.
Thy Kingdom come,
Thy will be done on earth as it is in
heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass
against us;
And lead us not into temptation;
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of Grace, the Lord is with you!
Blessed are you among women,
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
Now and at the hour of our death. Amen.

Grace Before Meals

Bless us, O Lord, and these Your gifts
Which we are about to receive from Your
bounty,
Through Christ our Lord. Amen.



FIRST GRADE - Prayers

Prayers learned in Kindergarten

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Glory to the Father,
And to the Son, and to the Holy Spirit
As it was in the beginning,
Is now, and ever shall be,
World without end. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day, for all the intentions of our sacred heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for our sins, for the intentions of all our associates, and in particular for the intentions of the Holy Father, Pope Benedict XVI. Amen.



SECOND GRADE - Prayers

Prayers learned in Kindergarten and First Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Oh my God, I am sorry for my sins.

In choosing to do wrong and failing to do good, I have sinned against You and Your church.

I firmly intend, with the help of your Son, to make up for my sins and to love as I should. Amen.



THIRD GRADE - Prayers

Prayers learned in Kindergarten through Second Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate, was crucified, died, and was
buried; he descended into hell;

On the third day he rose again from the dead,

he ascended into heaven, and is seated at the right hand of God,
the Father Almighty;

from there he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the
communion of saints,

the forgiveness of sins, the resurrection of the body,
and life everlasting. Amen.

Way of the Cross

Prayer to the Holy Spirit

Come, Holy Spirit,

Fill the hearts of Your faithful and kindle in them the fire of Your
love.

Send forth Your Spirit, O Lord, and they shall be created,

And You shall renew the face of the earth. Amen.

FOURTH GRADE - Prayers

Prayers learned in Kindergarten through Third Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

Way of the Cross

Prayer to the Holy Spirit

Saying the Rosary

1. **Sign of the cross and Apostles' Creed**
2. **Our Father**
3. **Three Hail Marys**
4. **Glory be to the Father**
5. **Announce first mystery; Our Father**
6. **10 Hail Marys**
7. **Glory be to the Father**

Repeat the last three steps, meditating on the other mysteries of the rosary.

Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Luminous Mysteries

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

FOURTH GRADE - Prayers (continued)

Act of Faith

O my God, I firmly believe that You are one God in three Divine Persons, The Father, the Son and the Holy Spirit. I believe in Jesus Christ, your Son, Who became man and died for our sins, and who will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived. Amen

Prayer of St. Francis

Lord, make me an instrument of your peace;
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
And where there is sadness, joy.
Grant that I may not so much seek to be consoled as to console;
To be understood as to understand;
To be loved as to love;
For it is in giving that we receive,
It is in pardoning that we are pardoned,
And it is in dying that we are born to eternal life.



FIFTH GRADE - Prayers

Prayers learned in Kindergarten through Fourth Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

Way of the Cross

Prayer to the Holy Spirit

Saying the Rosary

Act of Faith

Prayer to St. Francis

Stations of the Cross

| | |
|-------------------------|---------------------------------------|
| The First Station: | Jesus is Condemned to Die |
| The Second Station: | Jesus Carries His Cross |
| The Third Station: | Jesus Falls the First Time |
| The Fourth Station: | Jesus Meets His Mother |
| The Fifth Station: | Simon Helps Jesus Carry His Cross |
| The Sixth Station: | Veronica Wipes Jesus Face |
| The Seventh Station: | Jesus Falls the Second Time |
| The Eighth Station: | Jesus Meets the Women of Jerusalem |
| The Ninth Station: | Jesus Falls the Third Time |
| The Tenth Station: | Jesus is Stripped of His Garments |
| The Eleventh Station: | Jesus is Nailed to the Cross |
| The Twelfth Station | Jesus Dies on the Cross |
| The Thirteenth Station: | Jesus is Taken Down from the Cross |
| The Fourteenth Station: | Jesus is Laid in the Tomb |

FIFTH GRADE - Prayers (continued)

Nicene Creed

I believe in one God, the Father, the Almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven, and by the Holy Spirit he was incarnate of the Virgin Mary, and became man.

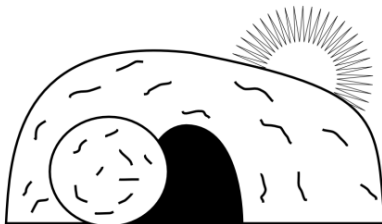
For our sake he was crucified under Pontius Pilate; he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead, and the life of the world to come.



SIXTH GRADE - Prayers

Prayers learned in Kindergarten through Fifth Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

Way of the Cross

Prayer to the Holy Spirit

Saying the Rosary

Act of Faith

Prayer to St. Francis

Stations of the Cross

Nicene Creed

Magnificat

My soul magnifies the Lord, and my spirit rejoices in God my Savior.

For He has regarded the low estate of His handmaiden, for behold, henceforth all generations shall call me blessed.

For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.

He has shown strength with His arm:

He has scattered the proud in the imagination of their hearts.

He has put down the mighty from their thrones, and exalted those of low degree.

He has filled the hungry with good things; and the rich He has sent empty away.

He has helped His servant Israel, in remembrance of His mercy; As He spoke to our fathers, to Abraham and to His posterity forever.

Glory be to the Father and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end. Amen

SIXTH GRADE - Prayers (continued)

Litany of the Saints

Lord have mercy, *Christ, have mercy.*

Lord, have mercy, Christ hear us, Christ, *graciously hear us.*

God, the Father in Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God, the Holy Spirit, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Holy Mary, Holy Mother of God, *pray for us.*

Continue litany of the saints; respond "pray for us" after each invocation.

Closing: Let us pray. From You, Lord, comes holiness in our desires, right thinking in our plans, and justice in our actions, Grant Your children that peace which the world cannot give; then our hearts will be devoted to Your laws, we shall be delivered from the terrors of war, and under Your protections we shall be able to live in tranquility. Amen

Act of Hope

O my God, trusting in Your infinite goodness and promises, I hope to obtain pardon for my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love

O my God, I love you above all things, with my whole heart and soul, because You are all-good and worthy of all my love. I love my neighbor as myself for the Love of You. I forgive all those who injured me, and I ask pardon for all whom I have injured. Amen.

SEVENTH GRADE - Prayers

Prayers learned in Kindergarten through Sixth Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

Way of the Cross

Prayer to the Holy Spirit

Saying the Rosary

Act of Faith

Prayer to St. Francis

Stations of the Cross

Nicene Creed

Magnificat

Litany of Saints

Act of Hope

Act of Love

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided.

Inspired by this confidence, I fly to you, O Virgin of Virgins, my Mother. To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, your eyes of mercy toward us. And after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary, Pray for us, Holy Mother of God, that we may be made worthy of the promises of Christ. Amen



SEVENTH GRADE - Prayers (continued)

Angelus

V. The angel of the Lord declared unto Mary.

R. And she was conceived by the Holy Spirit.

Hail Mary

V. Behold the handmaid of the Lord.

R. Be it done to me according to thy word.

Hail Mary

V. And the Word was made flesh.

R. And dwelt among us.

Hail Mary

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, O Lord, Your grace into our hearts; that we, to whom the incarnation of Christ Your Son was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ Our Lord.

Amen

EIGHTH GRADE - Prayers

Prayers learned in Kindergarten through Seventh Grade

Sign of the Cross

Lord's Prayer

Hail Mary

Grace Before Meals

Glory to the Father

Morning Offering

Act of Contrition

Apostles Creed

Way of the Cross

Prayer to the Holy Spirit

Saying the Rosary

Act of Faith

Prayer to St. Francis

Stations of the Cross

Nicene Creed

Magnificat

Litany of Saints

Act of Hope

Act of Love

Memorare

Hail Holy Queen

Angelus

Learn formal prayer.

Continue those learned in Kindergarten – Seventh Grade

